

Marine Corps Community Services Hampton Roads

Programs and Events

JANUARY 2023



Huge selection of inflatables now available
More arriving weekly. Reserve yours NOW!!

Telephone: 757.749.5226 or outdoorrec.mccshr@usmc-mccs.org



Happy Slide and Jump Combo
Daily: \$200.00 Weekend: \$275.00



20 x 20 Castle Bounce House
Daily: \$200.00 Weekend: \$275.00



Monster Truck Bounce House
Daily: \$120.00 Weekend: \$150.00



Bulldog Bounce House Large
Daily: \$120.00 Weekend: \$150.00



Rocket Bounce House Large
Daily: \$120.00 Weekend: \$150.00

The Elmore MCX and Barber Shop will be closed 1/09/2023 due to annual physical inventory.

Special Event for EFMP Families

January 6, 10-11AM: Coffee Talk at Coaster Coffee, Norfolk

8418 Tidewater Dr., Norfolk, VA 23518

This coffee shop is family friendly with an area for kids to play and a park across the street to visit afterwards. For more information, please email efmp.mccshr@usmc-mccs.org / call 757.981.7928

Does your child love Legos? Stop by the Library and create something fun. Legos are supplied for the builders! The only limit is your imagination. This event is recommended for children ages five and older. For any additional information, please call Librarian Emily Byrd at 757.462.7691.

January 23, 5PM: Lego Club Kickoff @ JEB Little Creek Library

1481 D St., Bldg. 3016 Virginia Beach, VA 23459

January 25, 5PM: Lego Club Kickoff @ Fort Story Library

530 Solomons Rd Ste T, Virginia Beach, VA 23459

January 27, 10-11 AM: Coffee Talk at Coalescence, Norfolk

226 West 24th, Norfolk, Virginia 23517

Join our staff in conversation with the National Capitol Region Special Needs Lawyer, Christina Jones, Esq. It has an open, minimalist atmosphere and they serve a large variety of gourmet coffees, pastries, & sandwiches. For more information, please email

Training and Education

January 12, 11AM-Noon: Intro to EFMP in person @ MCCS Conference Room

This training is for leadership, points of contact and service members who are unsure as to whether their family member qualifies. We will cover eligibility, the enrollment process, requirement to update, disenrollment, assignment process, family support and all the myths! For more information, please email efmp.mccshr@usmc-mccs.org / call 757.981.7928.

January 24, 2-3PM: Accessing Community Resources / Virtual
<https://meeting.marinenet.usmc.mil/elmore-efmp-resources/>

We will quickly and effectively connect all the dots of the Navy resources and how they align with the Marine Corps services you are accustomed to. We will put you on the road to success for living and playing in the Tidewater area. For more information, please email efmp.mccshr@usmc-mccs.org / call 757.981.7928.

Future Home
of:



MCCS Hampton Roads Career Services will host:

Retirement Benefits Seminar

January 11, 8:30AM – 4:00PM

Are you retiring soon?

Do you have questions about your benefits?

Spouses are highly encouraged to attend

SkillBridge Informational Session

January 19, 9:00 - 10:30AM

Interested in learning more about SkillBridge?

Need help with your SkillBridge packet?

Seating is limited, so register early! To register or for more information: Careerservices.mccshr@usmc-mccs-org

SMP Opportunities

The point of contact for all events:

SMP.MCCSHR@usmc-mccs.org

SMP Polar Plunge Fundraiser - Gain your bragging rights and donate to the SMP by taking part in a polar plunge.

Date and Time: TBA

Location: Little Creek Beach/Dam Neck Beach

SPCA Volunteer Opportunity - Volunteer with various local SPCAs to hold animals in shelter. Get some quality time with the cutest cats and dogs!

Scheduled appointments any day Monday through Friday

Maximum: 5 volunteers

VFW Post 4809 Volunteer Opportunity - Spend some time with past war veterans while performing various activities.

Date: Any day Monday through Friday at various times

Maximum: 5 volunteers

Location: Norfolk VFW Post 4809

3-on-3 Basketball Tournament

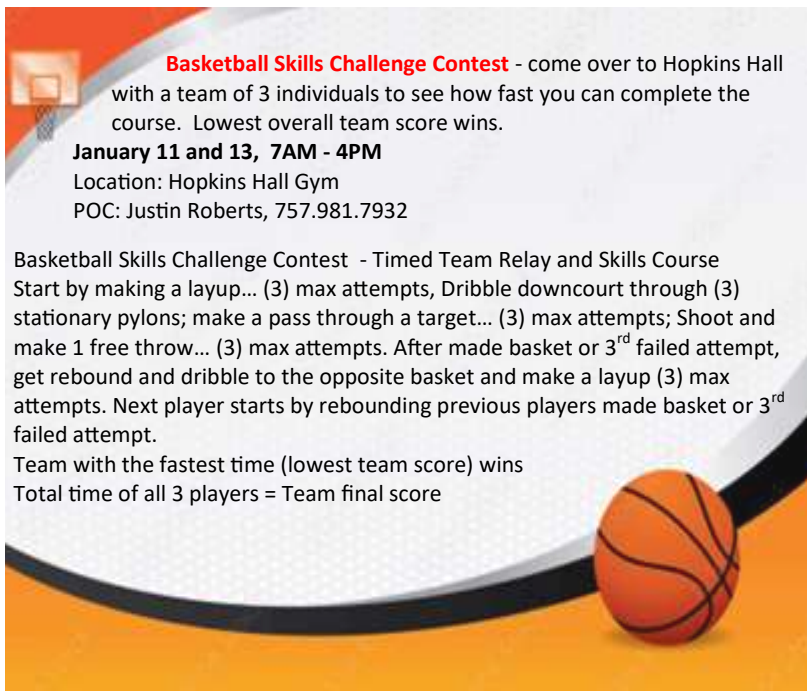
January 25 and 27, 7AM - 4PM

Sign up by Monday January 23, 2023

Location: Hopkins Hall Gym

POC: Justin Roberts, 757.981.7932

- Prize for top male/female and top all female teams
- Must have at least (3) all-female teams
- Half court with "King of the Court" rules
- All "King of the Court" winners will play to determine overall champion



Basketball Skills Challenge Contest - come over to Hopkins Hall with a team of 3 individuals to see how fast you can complete the course. Lowest overall team score wins.

January 11 and 13, 7AM - 4PM
Location: Hopkins Hall Gym
POC: Justin Roberts, 757.981.7932

Basketball Skills Challenge Contest - Timed Team Relay and Skills Course
Start by making a layup... (3) max attempts, Dribble downcourt through (3) stationary pylons; make a pass through a target... (3) max attempts; Shoot and make 1 free throw... (3) max attempts. After made basket or 3rd failed attempt, get rebound and dribble to the opposite basket and make a layup (3) max attempts. Next player starts by rebounding previous players made basket or 3rd failed attempt.
Team with the fastest time (lowest team score) wins
Total time of all 3 players = Team final score

The Marine Corps Family Team Building Program is responsible for Command Team Training, L.I.N.K.S mentoring program, Lifeskills Education and Training, Deployment Support and the Volunteer Program. We provide preventative education across the life cycle of a Marine to meet the challenges of the military lifestyle and enhance mission readiness.

Trainings/Workshops are available upon request by emailing: omb.mcftbnorfolk@usmc-mccs.org.



Ready to start a library at your unit?

MCCS Hampton Roads can assist.

MCCS is currently receiving three kits per month for a total of 150 unique titles.

The Marine Corps Association will provide an annual grant to requesting Marine units for the purpose of building a unit library of Commandant's Reading list titles. The size of the grant depends on the size of the unit. The POC is SgtMaj Bennett USMC (Ret), K.Bennett@mca-marines.org.
<https://mca-marines.org/unit-library-program/>

If Marines are interested in digital Commandant of the Marine Corps Professional Reading titles, they can be found on OverDrive in eBook and Audiobook formats. These titles can be downloaded to mobile devices. You can find OverDrive under the eBooks and Audiobooks tile or in the A-Z list on the www.dodmwrlibraries.org website, the DoD Digital Library site. The CMC titles can be found under the Professional Reading link at the top.

Norfolk MCX



Follow us on
Social Media

MCCS Hampton Roads



SINGLE MARINE PROGRAM ANNUAL SKI TRIP! JANUARY 21ST



LIMITED SPOTS AVAILABLE

COME WITH SMP AND PAY

\$128.00!

YOU GET:

- FREE TRANSPORTATION!
- 8 HOUR LIFT TICKET
- SKI/SNOWBOARD RENTAL
- REGISTRATION COMPLETED FOR YOU.

YOU SAVE **\$30.00!**



WHAT YOU PAY GOING ON
YOUR OWN

LIFT TICKETS - **\$109**

8-HOUR SKI RENTAL - **\$49**

TOTAL COST = **\$158**

NO TRANSPORTATION
ASSISTANCE

HAVE TO REGISTER BY YOURSELF



ONLY OPEN TO SINGLE MARINES/SAILORS

CONTACT YOUR LOCAL SMP REP FOR MORE INFORMATION



MCCS WEBSITE



FOLLOW US



EFMP Exceptional
Family Member
Program



Find us on the web and Facebook/Instagram!

Coffee Talk

2023

A family to family networking series

Join us from 10 - 11 AM

January 6

Coaster Coffee, 8418 Tidewater Dr, Norfolk

January 27

Coalescence Coffee, 226 West 24th, Norfolk

March 10

Pale Horse Coffee, 540 Belaire Avenue, Chesapeake

March 31

Roast Rider, 1554 Laskin Rd Ste 116, Virginia Beach

April 14

Mojack Bay Coffee Roasters and Petite Café, 411 Main St, Yorktown



FOR MORE INFORMATION:

call: 757-981-7928

email: efmp.mccshr@usmc-mccs.org



EFMP Family Support

Questions/Registration:
efmp.mccshr@usmc-mccs.org 757.981.7928

January-March, 2023

Intro to Efmp

January 12, 2023

11 AM - Noon

[MCCS ADMIN 1100 Torgerson Road, Norfolk](#)

Accessing Community Resources

January 19, 2023

2-3 PM

meeting.marinenet.usmc.mil/elmore-efmp-resources

Special Education Overview

February 2, 2023

11 AM - Noon

Hosted by Special Ed. Attorney
Christina Jones, Esq.

meeting.marinenet.usmc.mil/specialedoverview

Service Animals

February 9, 2023

7-8 PM

meeting.marinenet.usmc.mil/sucanimals

Early Intervention

February 17, 2023

8:30 - 9:30 AM

In person at NW Annex- call or email to register

Helping Young Children Manage Emotions

February 22, 2023

6:30 - 7:30 pm

events.com/r/en_US/registration/helping-youngchildren-manage-emotion-ages-2-6-222-869681

Establishing Permanent Dependency

March 2, 2023

2-3 PM

meeting.marinenet.usmc.mil/permanentdependency/

Recreation Inclusion Opportunities

March 14, 2023

11 AM - Noon

Hosted by Tyler Williamson,
Executive Director, (F.A.C.T.)

meeting.marinenet.usmc.mil/elmore-efmp-inclusion



Find us on Facebook/Instagram & the web!

MCCS
HAMPTON ROADS



2023 Retirement Benefits Seminar

Retiring
SOON?

HAVE QUESTIONS
ABOUT YOUR
Benefits?

TOPICS WILL INCLUDE:

Transition Timeline
Relocation/Final Move
Survivor Benefit Plan
Retiree Tricare: Medical
and Dental
Veterans Benefits
Veterans Group Life
Insurance (VGLI)
GI Bill: Eligibility and
Transferability

**SPOUSES ARE HIGHLY
ENCOURAGED TO ATTEND!**

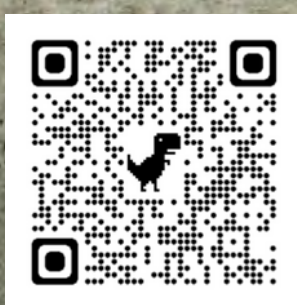
8:30 am - 4:00 pm

- **January 11**
- **April 5**
- **August 2**
- **October 4**



MCCS Hampton Roads
1251 Yalu Street, Bldg. MCE-2
Norfolk, VA 23515

To register or for more information:
careerservices.mccshr@usmc-mccs.org
or call (757) 981-7914





Skillbridge Information Session



**Interested in learning more about
SkillBridge?**
***Need help with your SkillBridge
packet?***

The DoD SkillBridge Program is an opportunity for transitioning service members to gain valuable civilian work experience through specific industry training, apprenticeships, or internships during the last 180 days of service. SkillBridge connects service members with industry partners in real-world job experiences to increase the probability of employment after separation or retirement. To find out more, please register for the SkillBridge Information Session that fits your schedule!

2023

9:00 am - 10:30 am

- January 19
- February 16
- March 23
- April 13
- May 11
- June 15
- July 13
- August 9
- September 14
- October 26
- November 9
- December 7

To register or for more information:
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or call (757) 981-7914



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